



▶ APPLY A SYSTEMIC PERSPECTIVE TO IDENTIFYING RED FLAGS



▶ DESCRIBE BEHAVIORS THAT CUE YOU INTO A RED FLAG



▶ ADDRESS RED FLAGS WITH YOUR CLIENT IN A WAY THAT IS SUPPORTIVE, CARING AND SERVING THEIR BEST INTERESTS

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Raising and Retiring Red Flags

Difficult Consulting Conversations

WELCOMING, EXEMPLIFYING AND CULTIVATING THE POTENTIAL AND POSSIBILITY OF HUMAN RELATIONSHIPS

A red flag is an observed or intuitive situation that cues you into an opportunity for deeper exploration. It is an indicator used to raise attention and awareness of important behaviors that may be the key to catalyzing transformative.

Red Flags

Describe a time when you sensed a red flag? What specific cues triggered your spidey senses?

How do I know if I found a red flag?

What I observe in myself + What I observe in other(s) + Perception Check

Incongruence, repeating or withdrawing



Where to look for a red flag

Self: Thoughts, feelings, physical senses, wants, needs, hunches, actions

Structure

Goals
Objectives
Roles
Decision-making

Group

Inclusion
Risk/trust
Patterns
Influence

Interpersonal

Conflict
Feedback
Communication

Intrapersonal

Beliefs
Assumptions
Values
Emotions

Skills to address Red Flags

Skills to Help Name a Red Flag

- Self-awareness
- Waterline model
- Perception-check
- Ask for impact
- Helping skills

Helping Skills

- Genuineness
- Confrontation
- Concrete/specificity
- Empathy/understanding
- Unconditional positive regard
- Congruence
- Respect
- Caring
- Immediacy

Robert Carkuff and Carl Rogers

What techniques have worked well for me in the past when giving or receiving sensitive or challenging feedback?

Educating, Inspiring and Transforming Individuals, Teams and Organizations into High Impact Leaders Capable of Igniting Positive Social Change

CAT CUEVAS, MA

GAME-CHANGING LEADERSHIP Cat Cuevas



Cat Cuevas, MA is a Learning, Leadership and Organizational Development Consultant who helps her clients harness people power, increase productivity, reach their goals, and love what they do, by connecting in more meaningful ways. Cat has produced results-driven, dynamic and fun trainings for over 16,000 clients nationally and globally.



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