

Sound Nonprofits

Liz Heath has been active in the nonprofit sector for more than 40 years. Her work is grounded in the belief that any community is healthier and stronger when its nonprofit organizations are well led and well managed.



Liz was the Founder and Executive Director of The Nonprofit Center for twelve years where she also served as its Principal Consultant. She established Sound Nonprofits, her consulting firm, in the spring of 2011. She is an experienced consultant, interim executive director, retreat facilitator, trainer and speaker with a special emphasis on nonprofit governance. She works with nonprofit clients throughout Washington and occasionally at the national level.

She has served as adjunct faculty member in nonprofit management at the University of Oregon and as an instructor at the University of Washington Tacoma in the Fund Raising Certificate Program. She is a frequent presenter at local, statewide and regional conferences.

Heath is a certified facilitator for the Core Capacities Assessment Tool and an active member of the Executive Transition and Leadership Continuity Affinity Group sponsored by the Alliance for Nonprofit Management.

For eight years Heath wrote a regular column on nonprofit issues for The News Tribune (Tacoma, WA). In 2008 she was Host and Producer of "Reaching Out," a community television program featuring area nonprofit organizations. She is author of "Nonprofit Governance – a look at nonprofit boards in the South Puget Sound region," published in the Spring 2003 edition of the Crossroads Journal, University of Washington Tacoma. Heath was a founding member of Washington Nonprofits (the state association), the University of Washington Tacoma Citizens' Advisory Committee and City Club of Tacoma.

Liz is a member and Founding Board Member of Washington Nonprofits. She currently is a member of the Puget Sound Grantwriters Association, sits on the board of the Nonprofit Leaders Conference and is a member and past President of the Tacoma Estate Planning Council as well as Tacoma North Rotary. She was a gubernatorial appointee to the Washington Citizens' Commission on Salaries for Elected Officials for two, four-year terms, serving as Vice Chair in 2015-16. She holds a BA in English Literature from Lawrence University of Appleton, Wisconsin.

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